

Preparation Before Skin Surgery

Thank you for choosing Advanced Dermatology for your skin surgery. Please review the following recommendations, which apply to your skin surgery.

- The Mohs surgery process can take approximately 2-4 hours. This includes the time it takes to remove the cancer, to check the margins microscopically, and repair the skin following complete tumor clearance.
- Standard excisions of low risk skin cancers or benign skin lesions take approximately 1 hour.
- Melanoma excisions usually take 1 hour, however, in some cases the doctor will delay repair of the melanoma site in order to confirm, by independent lab testing, that the melanoma has been completely removed.
- Please eat regular meals on the day of your scheduled surgery.
- Please take all of your medications. You should take all doctor prescribed medications exactly as you normally would on a regular day. This includes blood thinners and blood pressure medications.
- Please avoid drinking any alcohol (even beer) the day before the surgery and minimize caffeine and coffee on the morning of the surgery.
- If you require antibiotics prior to surgery we will either call in a prescription for you to take before you arrive, or we will give you a dose while in the office.
- It is okay to drive yourself on the day of your procedure. However, if you are having surgery near the eye, we recommend that you bring a family member or friend to give you a ride home. This is because the eyelids normally get swollen for a couple hours after surgery.
- We encourage you to bring a loved one on the day of the procedure but it is not necessary. We encourage questions from all family members and want everyone to be on the same page regarding the treatment plan.
- Please call our office at (281) 980-0166 with any questions.
- If you need to reschedule or cancel please inform us as soon as possible so that another patient may take that appointment and have his/her cancer treated as soon as possible.

Thank you for reviewing these recommendations prior to your _____ appointment.

Appointment Date and Time: _____

Location:

**Sugar Land office
1235 Lake Pointe Pkwy, Suite 200,
Sugar Land, TX 77478**